

54 Parking Spaces Awarded by SC

by Kirstie Winston

Last Friday, the Oyster River High School Student Council announced the assignment of parking spaces to 54 students out of 61 applicants.

Thirty-eight seniors, 13 juniors, and three sophomores received parking spaces.

Choices were based on jobs, extracurricular activities, bus service, and frequency of car use. Emphasis was put on the first three criteria, said SC Pres. John Tegan.

One person out of the applicants who had a job didn't get a parking spot, said a SC member, because that person didn't say where he or she had a job, or the hours.

People who only needed a car once a week most often didn't get parking spaces out of those who applied, commented an SC member.

"For the most part, anybody who got their applications in on time got a place said Tegan.

Many in the school are not happy with the system.

New Help For Poor Students

Oyster River High School Prin. Geoffrey Jones, Asst. Prin. Neil Shapiro, and Guidance Counselors Roger Hall and Phyllis MacKay are working on a structured study plan for students having academic difficulties.

Structured Studies may go into effect after second quarter grades are released, says Mrs. MacKay. She suggests that a list of students to be placed in structured studies may be compiled from up-coming grades. A re-evaluation of students' standings may occur midway through next quarter. Students no longer in danger would be released from the studies, she explained.

Mr. Jones suggested that students who fail one class be assigned to a room, under the supervision of a teacher, during their free time. The biggest variable in assigning studies is space.

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"I think that they should have left it on a first-come first-serve basis," said Senior Mark Walker who did get a parking space.

Announcements of the application process were read at least three mornings and several times in the afternoons, said Junior SC Rep. Demi Dubois. "Out of the people that came to see us we have found only one legitimate absence," said Tegan.

"We're not saying that you cannot drive to school," said Tegan "but you are taking a chance by parking on the road."

"We're not towing," said Marshall.

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No Newspaper Next Semester

This is the last edition of *The Mouth of the River* this year because there is no journalism class next semester, according to Advisor Jay Simmons.

Last year 25 students signed up for journalism, said Mr. Simmons. The administration and English Department made the decision to have one large class instead of two smaller ones, he said.

Reaction to New Parking Widespread and Negative

by Monica Bradley and

Cara Edington

Student reaction to the assignment of parking spaces to only 54 students has been widespread and overwhelmingly negative.

A Student Liberation Organization was formed on Friday when the spaces were distributed. "I'm not against the parking system itself, I'm against the controls that are being placed on the students now," said SLO Chairman Keith Weston.

Sixteen people have signed up as members of the organization so far, said Weston.



Supt. of Schools John H. Powers and ORHS Prin. Geoffrey Jones answer questions at a *Mouth of the River* press conference Jan. 17. (Hagman Photo)

Principal Puts Parking Decision Back Onto SC

by Sue Chalifoux

Oyster River High School Prin. Geoffrey Jones is "hoping the student council will come up with a satisfactory solution" to the problem of student parking, he said at a press conference Tuesday.

Also at the press conference, Supt. John H. Powers discussed better teachers pay and supervision systems. He also offered with Jones, plans to implement new graduation requirements and discussed the ninth grade math program (see page seven).

Mr. Jones said he did his part by assigning the teachers spaces, and is leaving student parking entirely up to the SC because it "affects students more than administrators."

"It is important to have student involvement so I asked the student council to solve the problem of student parking. I'm really staying out of it," Mr. Jones said.

Mr. Jones is also "looking to the student council" to decide on a punishment for students not parked properly. He says he will go along with whatever the SC decides, and has "no plans to tow at this point."

"This is a year to test whether or not the SC has adequately represented the students," Mr. Jones said. He says he gave the SC important issues to see "whether it works."

Trion Plans Delivery Date

by Lisa Myslivy

If the Feb. 3 and March 10 deadlines are met, the 1984 *TRION* should be delivered prior to the end of school, according to Trion Advisor Anna Nash.

The Feb. 3 deadline will include 32 pages of sports and group candida, according

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Paige Roberts (second from left) at a Durham Boat Club practice during the summer. Others pictured are Margot Wheeler (far left) and Amy Broderick and Jean Harcourt.

Crew Co-Captain Returns to Training

by Sue Chalifoux

The deep concentration shows on her sweat-drenched face. She relaxes for an instant, then grunts as she struggles to lift the 100 pound weight one last time.

If a recent attack of appendicitis had not prevented her from practicing for two months, this would be a typical winter workout for Oyster River High School Senior Paige Roberts, National Junior Crew Champion.

Paige, as captain of the Durham Boat Club (DBC), has been rowing and/or training year-round since she was a ninth-grader. "I don't like it because I don't think it's possible to work year-round with the same determination. But working out for at least 11 months is necessary to win because we have to keep endurance and strength up," Paige says.

As soon as the ice on

Jackson's Landing melts in the spring, and all during the summer, DBC practices twice daily, from 5:30-7am and 4:30-7pm.

"At first it's hard to get up at 5:30 to row, but after a while you get used to it," Paige says. "Believe it or not it's a nice way to wake up."

In the fall, practice is only once a day, from 4:30-7 pm. The crew works out until the water freezes.

Paige normally would workout once a day in the winter. She has her own weights and ergometer (a machine that simulates rowing), because, "I can set my own workout schedule." Work-outs include lifting weights, cross-country skiing, jogging, and using the "erg".

Monday through Friday Paige alternates training procedure from a light to a heavy workout. A typical light workout would consist

of lifting relatively light weights for ten minute periods, and rowing on the "erg." A light workout builds endurance.

Heavy workouts, which improve strength, include lifting as much weight as possible for short periods of time and using the "erg".

Although not built like a weight-lifter, but obviously very strong, Paige explained that when lifting weights she pulls the weight rather than pushing. "this doesn't build bulging muscles, but does improve strength. This team stresses endurance. You can only pull so many pounds of water, and lifting excessive amounts of weight isn't efficient."

On Saturday in the winter Paige and other DBC members go to their coaches, Colleen and Jim Dreher's house to train together and be tested for progress.

Follies Dates May 9 & 10

By Eric Hagman

This year's Oyster River High School Senior Follies presentations have been tentatively scheduled for May nine and 10, Follies Co-Dir. Elise Bain said.

This year's Follies are being directed by seniors Donal Parks and Bain. Senior Follies' advisor this year is ORHS math teacher Cornelia Kitfield.

Currently, Follies is in the skit pre-planning stage where seniors are just thinking about what they want to present. "Nothing has been finalized and won't be for a while," Co-Dir. Bain said.

Spirit Week Set For Next Month

by Chris Sterndale

Spirit Week at Oyster River High School will be Feb. 12-17, according to Student Council Sec. Jennifer Parks.

Plans are still tentative, but the SC plans many activities through the week, such as:

- Hall Decorations, and a class competition.
- Trivia questions, either over announcements or a ditto sheet passed out during homeroom.

- A 4-H and Future Farmers of America display in the case near the cafeteria.

- Clean-up day
- An assembly
- A bonfire
- Class color day: Seniors, red; juniors, green; sophomores, yellow; and ninth-graders, brown, according to SC Vice-Pres. Anne Marshall.

Other ideas that were submitted by SC members that were turned down included: Parent-community day, clash, spirit, stuffed animal, pj, hat, and punk days.

The Mouth of the River
Oyster River High School
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A quarterly publication of the journalism class

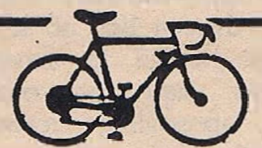
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Video Class member Senior Eric Gleske edits his latest video piece after the recovery of the stolen video equipment.

Scan Productions Are Ready to View

by David Phillips

Oyster River High School video production supervisor and teacher Paul Gasowski said that there are two SCAN features to be shown to homeroom classes by the beginning of February. He said that Eric Gleske is making one about a very talented musician, ORHS senior Elise Bain. Ethan Gilsdorf is producing a double feature about the ORHS Damon Spencer Computer Club and the ORHS Chess Club.

Mr. Gasowski defined four goals for SCAN this year:

- get equipment back
- get back on track, to the pre-robbery agenda
- prepare for next year
- get an OR video production on cable TV.

Mr. Gasowski said that before the November robbery, the video class and club were planning on making a SCAN feature every two weeks. Now they are recovering and are "working at one half capacity" because of lack of equipment said Eric Gleske. He went on to add that the stolen equipment was, "sent to the cleaners, and hasn't come back yet."

Since many OR video enthusiasts are seniors, Mr. Gasowski said he is trying to train people for video production for next year.

He has also talked to the Durham Cablevision Company about getting some student productions on cable television. He thinks that the better SCAN features are "very acceptable for cable."

Besides SCAN features, the video class is also producing three to five music videos that will be based on reality, said Mr. Gasowski. He said that the best of the

videos would be seen by homeroom classes. The songs include:

- "In the Mood", by "The Hen House Five, Plus Too" (video by Eric Geleske)

- "In a Big Country", by "Big Country" (video by Eric Hagman)

- "I Must Not Think Bad Thoughts", by "X" (video by Ethan Gilsdorf).

Speakers to Visit Career Center

by Sarah Spalding

The Oyster River High School Career Center has scheduled a speaker series to take place during second semester.

Each week a speaker has been scheduled to visit the center. Sessions will be scheduled at different times so that students will not continually miss the same classes, says Career Counselor Nancy Winterbottom.

The first speaker, a representative from the Longy School of Music in Cambridge, Mass., will speak to interested students about careers in music on Feb. 2, during third period. Other planned speakers include: A state trooper; weaver; banker, and a cabinet maker, says Ms. Winterbottom.

Schedules for the speaker series will be posted in various places throughout the school, available in the Career Center and also in "The Highlighter", according to Ms. Winterbottom.

These speakers will be able to inform students on many aspects of their fields, including: salary; ed-

ucation needed; a typical day in the life of such a worker; and ways to prepare for such a profession while still in high school, said Ms. Winterbottom.

Individual teachers have brought speakers into their classes, but such a series, available to students and parents, has never been offered in the past.

Career Day Set For April 12

by Sarah Spalding

Oyster River High School's third annual Career Day, part of the career education program, will take place April, school officials have announced.

Activities will take place through three periods and be a "splashy" event, says Career Counselor Nancy Winterbottom. During each of the periods, there will be many alternatives for the students. Speeches, films, and exhibits, will be running simultaneously so that something of interest will always be available, she said.

Local workers will speak about seven career clusters: business and office, manufacturing, personal service, education, sales, construction, and transportation. There will be two speakers from each "cluster". At present, arrangements have been made with a banker, state police trooper, data processing manager, freelance artist, sports announcer, nurse, travel agent, bus driver, and a psychologist, according to Ms. Winterbottom.

The purpose of Career Day is to introduce students to local workers who can answer their questions, explain needed skills and education, and talk about a typical day of such a worker. The day can also serve as a catalyst to get students to start planning their future, says Ms. Winterbottom.

One of the most important results of the program will be the valuable contacts made. These contacts could lead to summer jobs or internships, says Ms. Winterbottom.

To get the most out of their experience, Ms. Winterbottom suggests that students familiarize themselves with the career center, research the fields they are interested in, think of questions to ask the speakers, and talk to and invite their parents.

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Most OR Students Have No Free Time

by Sandy Dahl
and
Cara Edington

"Parents put the most pressure on kids to do more in each day," Oyster River High School Senior Gretchen Ossenbrugen said.

In a recent survey of 94 ORHS students about their free time, 63 of the polled students felt they did not have enough free time, while 31 did have enough.

Students most often spend their free time doing homework, as half said they spend their time on school-work. The remaining half spend their time involved with activities such as sports (26 responses), socializing, relaxing, watching TV, and sleeping.

With many activities built into each day, the students at ORHS often find it difficult to work in everything.

"I spend my free time well, but I'd like to have more free time. I press myself to get everything done," said Senior Vicky La Roche.

Of the students surveyed, 49 work after school, and their hours tended to vary; 45 students surveyed did not have a job.

Some students agreed that while they worked or played sports, their grades tended to be better, despite time shortages.

"I worked much harder when I was playing sports," said one student. "I had to get it done, and I did."

At least 63 students felt there is a great deal of pressure from parents and students to do many things in one day. Many seniors

also felt additional pressure for college applications and major decisions in their final year of high school. "Parents put the most pressure on. They want everything to be done at once," said Ossenbrugen.

If given more time, 60 students would spend time socializing with friends, working, sleeping, partying, and watching TV. Another 30 students would spend the extra time doing homework.

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Yearbook Co-Editor Bonnie Spencer critiques a cheerleader picture for the yearbook. (Hagman Photo)

Spencer Leads Busy Life

by Sue Chalifoux

Perplexed, a girl muses over photos strewn on the table in front of her. Which shots are clearest? Which show the most people?

Budgeting her time or choosing pictures for the 1983-84 Trion, ORHS senior Bonnie Spencer has to make decisions.

Bonnie is very busy with her many activities. She is co-editor of the Trion, started Students Against Drunk Driving (SADD) at ORHS, is an archery champion, and has a job.

Bonnie and senior Betsy Woodruff were chosen to be the yearbook editors this year by last year's yearbook Advisor Jay Simmons and current Advisor Anna Nash.

Last year Bonnie was Editor Sylvie Fortier's "general assistant," and became assistant editor when Sylvie graduated in January.

"I'm not spending as much time on yearbook as I should be," Bonnie says. "I'll probably start staying after at least three days a week."

Bonnie also started the first New Hampshire Chapter of SADD.

Bonnie, with the help of SADD Advisors Beth Kline and Louis Mroz started a SADD group at Oyster River High School last year.

After her brother, Damon Spencer, was killed two days before his graduation from ORHS in 1982, Bonnie's parents Lee and Shirley Spencer, started a group called Concerned Citizens Against Drunk Driving (CCADD). Mrs. Kline and Mr. Mroz were at the first meeting of

CCADD, so Bonnie approached them at school to see if they were interested in forming a student awareness group. "At

the time I didn't know that there was a nationwide group of SADD," says Bonnie.

"SADD had problems starting off this year," says Bonnie. "There were too many conflicts with sports and other activities. Things just didn't work out."

But Bonnie says, "Right now the group is really getting their act together. They're planning a February dance, and have already held a bake sale. It's coming around again."

Bonnie, as Indoor State Archery Champion in the Young Adult category, got involved in archery through her three-year friendship with ORHS graduate Mark Olsen. She is also New England Champion in her category but she "doesn't tell many people that since I'm the only one that competes. As long as I hit the target, I win."

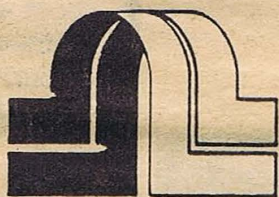
Bonnie didn't compete in the outdoor competition this past summer because she went on the Safari trip. She is planning on doing a SCAN program on Safari later in the year. "I would like to become more involved in SCAN if I have the time," says Bonnie.

Presently Bonnie works week-ends at York Steak House in the Fox Run Mall. She did work at Burger King in October, but quit because she was working 20 hours on just weekdays and "it was too much for me."

Bonnie only works week-

ends because she says, "I was just getting so far behind in everything- including school-work."

Despite of all that Bonnie is involved in, she would still like to do more. "There are so many things I'd love to do but just don't have the time for."



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Bulletin Board Set Aside for SC

by Sue Chalifoux

Part of the senior bulletin by the library has been set aside for information about the Student Council, according to Vice-Pres. Senior Anne Marshall.

The SC agenda, minutes of the meetings, and what is going on in SC will be posted, according to Marshall. The purpose of the bulletin board is so students are "more aware of Student Council and what is going on so people can contact us," says Marshall.

Marshall said in order for problems to be solved, the students have to contact the SC. The SC may not be aware of these problems.

The SC is also presently working on Spirit Week. Spirit Week will be Feb. 12-17, according to Sec. Jennifer Parks.

There will be class color days, football games in the snow between classes, and other activities. Plexi-glass frames are also going to be placed in different locations around the school for student artwork, said Marshall.

Student artwork will be chosen to be put in the

frames and will be changed occasionally. "This gives students who aren't necessarily stars of the soccer team recognition," said Marshall.

SC is also trying to deal with the parking problems. "We have a lot of stuff to work out," Marshall said. "It will get better as we deal with problems as they come."

Parking spaces

(cont'd. from pg. 1)

The SC is planning to reevaluate the situation and possibly make changes.

At a press conference Tuesday, Prin. Geoffrey Jones said the decision as to whether to assign spaces or not was left up to the SC and they could drop the whole thing if they wanted. SC officials say that they were told Nov. 8 to assign parking spots.

Mr. Jones said the question of assigned parking places arose to get assured spaces for the staff, and the student side was left to SC.

SC encourages people to come to them with any complaints because, "We can't get to everyone," said SC Rep. Ellen Jensen.



OR's #22 (Layne Pomerleau) snags the ball as #12 (Julie Sasner), #10 (Jo Michel) and #30 (Krisanne Bothner) look on, during the OR loss to Mt. St. Mary Jan. 13. (Hagman Photo)

School Lounge Plans Dropped

by Cara Edington

"It appears to me that because of many problems the idea of having a student lounge is dying," said Student Council Advisor Charles Perry.

The biggest problem is finding a place for the lounge. Room 11 was an idea, but it is used three periods a day, Mr. Perry said.

Student council Advisor Juliette Dubois also agrees that the location of the proposed lounge is the biggest problem.

"It's up to the student council where the lounge will be," emphasized Mme. Dubois.

"The first proposed location of the lounge was the mezzanine," said SC senior Rep. Carrie Temple.

This idea was rejected because of the high costs involved with the installation of plexi-glass, re-routing airducts for heating and air conditioning, as well as soundproofing.

The only alternative as yet is room 11, which is used for health and driver education classes now.

One of the biggest reasons for the slow progress is there has only been one meeting since the first article on the student lounge was published, said SC Treas. Jennifer Parks.

Yearbook

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to Mrs. Nash. The photographs will depict the athletes and groups in action and demonstrate the talent of this year's sports photographers Senior Betsy Woodruff, and Juniors Dave Taylor and Andy Gillespie.

This Year's yearbook will be 144 pages, with 16 pages of advertisements, and 16 pages of color candid. Yearbooks cost \$15.00 each.

"It's a really needed thing, and a great idea, but we don't have the space available. I think that it would require a lot of technical information," said SC Vice Pres. Anne Marshall. Marshall had one idea for a temporary solution. She suggested a small section of the library be used for students that need to talk in order to do their work.

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Mr. Murray has worked for The Providence Journal, The Boston Globe and Time

Mr. Murray is not bored with what he is doing because there is "always a new challenge," and situations change as he writes.

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Senior Harvey Turner and Wellington just finished completing a student handbook for the planetarium course. According to Wellington, the handbook contains all the information necessary for the course and will act as a student "bible" for class.

Student enrollment for this year is already 25 students above the projection. This has left a great strain on textbook and supply funds. In order to remedy the situation Mr. Jones requested a 13.1 percent increase in supplies and a 40.7 percent increase in textbooks (some for new courses).

Superintendent Supports Higher Pay For Teachers

Oyster River School Supt. John Powers and ORHS Prin. Geoffrey Jones voiced support for a "well-identified performance component" as part of teacher's salaries and evaluation, when he spoke to a group of journalists and students Tuesday afternoon in the library.

This specific type of merit pay would attract people to a career in education, keep today's teachers in the classroom and give incentive by rewarding competency, said Mr. Powers.

Mr. Jones agreed, adding that a performance component should only be part of an overall increase in teacher base salaries.

"I believe the public will accept a raise in this form. The basic pay of \$10,000 is too little to attract the best candidates to this profession," said Mr. Powers.

Mr. Powers said that the female talent pool coming out of high school is now attracted to a wide range of jobs because of greater equality, so we must increase the salaries to keep the good females in the profession and attract more males to it.

In giving another reason for upgrading teachers' pay, Mr. Powers said that pay increases can help to reward today's competent teachers and keep them in the profession. He said that we need to provide incentives to teachers for better performances in the classroom.

Exams Begin Next Tuesday

by Bill Colon

Mid-term exams will start next Tuesday at Oyster River High School, school officials announced.

The schedule is as follows:

- Tuesday; periods one and two

- Wednesday; periods three and four

- Thursday; periods five and six.

Exams will run from 8:15 a.m. to 10:00 a.m. and 10:15 a.m. to noon each day.

ORHS Assistant Prin. Neil Shapiro announced a reminder to all students that busses will run on the regular schedule, leaving the high school at 2:15.

Students that are not taking exams do not have to be in school. Attendance will be taken in the exam rooms, Mr. Shapiro said.

Merit pay has a "negative connotation in education," According to Mr. Powers. He said people are using it as a short-cut, and failing to make the right kind of commitment to education.

Mr. Powers believes having a "performance component in teachers salaries" is a better solution. He defined performance in the school at large, with other teachers, and in the classroom with students.

Mr. Powers said if today's teachers are rewarded for what they're doing, they may remain in the profession longer. Another advantage of merit is "if you are performing better, you will be rewarded, and I think we all need incentive to do a better job." Mr. Powers also said that the entry level of teachers' salaries should be raised to attract more people to the profession.

Disadvantages of merit pay are: it could create jealousy between colleagues, there has to be a set way to measure performance, and it must be based on trust or it "will be short lived," said Mr. Powers.

Mr. Jones agrees that pay should be based on performance rather than merit. He says it helps communications between supervisors and teachers, and some teachers just "plain put more time in."

But Mr. Jones also said it is hard to determine how well someone is performing. Also performance shouldn't be a major part of the salary.

Currently Mr. Jones evaluates by meeting with them to see what they're doing in their classes, and what their goals are. He visits classes periodically to see if the teachers are doing

what they tell him. However, he believes it is possible to do a better job.

Mr. Powers agrees, but believes it should be called "supervision" rather than "evaluation". "Supervision connotes something more positive than evaluation," said Mr. Powers.

Teachers need feed-back in order to be able to improve, according to Mr. Powers. He said, "when teachers improve, students benefit."

But in order to have feed-back, Mr. Powers thinks there should be more supervisors. "We've got to address that," he said.

No New Changes Despite Break-in

by Eric Hagman
and
Keith Weston

Currently, our high school's doors are locked at night and chained and padlocked on week-ends and vacations. In addition, there are many outside lights on at night and frequent police patrols: the same as before the break in. In school, the library losses are an average of a book a day to theft. Should security be tightened at ORHS?

Durham's Police Chief Paul Gowen apparently thinks so. He has suggested to the school that the purchase of a motion alarm system be made for the interior of the school.

He said student knowledge of an alarm system would be a deterrent as well as the alarm's detection of the crime.

He also suggested the school turn off all outside lights since a successful experiment took place at a frequently broken into high school in Maine which had the lights on and off at times during the night. The school wasn't broken into at all when the lights were out. "Apparently criminals don't like to work in the dark." Chief Gowen said.

Mr. Jones disagrees with the need for an alarm system. "I think an alarm system would be useful if our theft losses were greater than the cost of a system. Otherwise our insurance with deductible will cover it."

New Requirements In Science, Math

by Sue Chalifoux

Beginning with next year's ninth graders, two years of science will be required for graduation and there will be changes in the ninth-grade mathematics offerings, it was revealed at a press conference Tuesday. The math changes result in part from upping the math requirement to two credits last year, according to Oyster River High School Prin. Geoffrey Jones.

In future years, students will have to take one year of a biological science and one year of a physical science in order to graduate, according to Mr. Jones. He said there are already

Mr. Jones also thinks the best alarm system is the students themselves. Mr. Jones said, "Many students knew before-hand about the Veterans Day break-in. A break-in such as that hurts the students themselves." He suggested students should apply anti-theft peer pressure to students who are thinking about breaking into the school. Jones then said that if that fails, notify a school official as to what is going on.

ORHS Maintenance Supervisor Murrel Thompson also disagrees with Police Chief Gowen. "An alarm system, be it infrared, motion, whatever, for our school, would cost around \$20,000. A security guard for the school's off hours would cost around \$9000 to \$10,000 per year." He agreed with Mr. Jones that until theft costs increase over the price of a security system, a system is hardly justified.

Mr. Thompson said, "An alarm system is good if only a few can disarm it." He mentioned that with all the week-end activities such as sports, drama, video and band, too many people would quickly learn how to shut it off. "If the school purchased an alarm system, the school would be closed from the time the last janitor leaves late Friday night, until the day janitor arrives early Monday morning," he said.

"Mr. Jones also suggested lockable storage cabinet for school valuables such as the music dept instruments and video equipment."

enough courses offered to cover this requirement. They are: Concepts of Earth science, Earth Science, Survey of Biology, and Biology.

Mr. Jones also said some ninth-grade mathematics choices will be eliminated. "All students should begin with math review, pre-algebra, or algebra," Mr. Jones said. "We want to bring instruction back to mathematics instead of business." a calculus course will also be added," he said.

The health program will also be changed in the future, although not next year, according to Mr. Jones. Possible changes he suggested are making health a part of biology, or having health in sophomore gym as well as in ninth grade.

UNH Student Coaches ORYA Swim Team

by Bill Reeves

Forestry Resources and Wildlife Research Asst. Joe Orzel, 23, walks onto the University of New Hampshire's field house pool deck at five a.m. after a five minute walk from Pettee Hall, where he has been working all night on his research assignment. Orzel at about 6'4" writes "400 swim, 100 kick, 200 pull" on the chalk board, and says "get in" to the seven boys and five girls who range in age from 12 to 17 on the Oyster River Otters Swim Team.

He paces the pool deck, examining the strokes to "find really serious flaws." The swimmer in lane five, Jenni Ronan, 13, is dropping her hand too close to her body. Orzel steps over and tells Ronan to "Think about extending that arm all the way out."

Orzel first began swimming when he was a ninth-grader in Maryvale High School in New York. Now he tries to swim about 3,000 yards once or twice a week, but hasn't lately because of his graduate studies. According to Orzel, who used to teach younger kids to swim in high school six years ago, said he now coaches "because it's a way to stay included in swimming," and he "enjoys seeing improvements in the swimmers." Now that Orzel can't swim much he coaches to stay "in touch with his favorite sport."

Two years ago, when Orzel first started coaching the Otters, who placed second behind Dover's Seacoast Stingrays last winter and won the Div. 1 Championships this summer, he said it was a real challenge to sit down the night before, and develop a work out. Now he says he can look at last year's dated workouts, and use parts of them. Orzel says he tries "to make a workout for a specific time of year; something challenging but still possible." The workouts are more "than physical," they are also supposed to "make the swimmer think" as well, Orzel says.

Orzel, who lives in Newmarket, said that early in the season he likes to stress more "distance" that will build up the cardio-vascular system. He uses "hypoxic" swimming, where the number of breaths per stroke are limited. In a 300 swim a swimmer only breaths

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every five strokes strokes instead of the usual every two or three for most swimmers.

Once the swimmers have endurance, he says he writes workouts with sprints to tone up the speed of the swimmers. These workout sets are usually less than 200 yards on a certain interval.

Most of Orzel's money comes from his graduate studies and the money for supervising the swimmers in the morning. Orzel is impressed by "the fact that swimmers show up." Sometimes he wonders what motivates certain individuals.

"The best reason to swim is because you enjoy to swim as I do," Orzel says.

They need no reason to swim they just swim for themselves. Other people swim for the awards and recognition, and sometimes parents make their kids swim, and Orzel doesn't like it, he said.

He can tell how much dedication each swimmer puts into a workout by how much he or she rests on the wall. "It's hard not to let it

bother you, but if the individual isn't serious enough to work, a yelling coach won't help any."

If the swimmer is dedicated enough, "a positive comment will help, but the means to work hard is within the swimmer."

"The biggest hinderance is the amount of time. It is hard to get one good workout in an hour."

Many swimmers need stroke work, but because UNH only gives the Oyster River Youth Association one hour, and he only has time "to pick out the really bad strokes."

He says, "If there were more time I would be able to correct some of the smaller stroke problems."

The five a.m. time is very good for Orzel because it doesn't interfere with his school work. He says he usually works all Monday night until he has to coach on Tuesday morning. His daily schedule varies on most days except Tuesday and Thursday when he starts classes at 9:30. Otherwise he gets up "whenever", and works late into the night.

O R H S sophomore

Krisanne Bothner says Orzel is "helping my endurance and fixing my strokes."

"He makes tough workouts and tones my muscles," sophomore Isabel Evora states.

According to team captain Brendan Ronan, "Joe has the ability to motivate swimmers."

History Study

by Sandy Dahl

The six actively involved members of the Oyster River High School History Study Group plan two presentations for the spring.

A presentation on Russia and a presentation on the Korean airliner shot down over the island of Sakhalin are scheduled for this spring said Group Advisor Alex Herlihy.

He believes "The History Study Group will succeed because of the nature of the topics."

The six active members are: Juniors Jennifer Parks, Tom Cuniff, John-Paul Glutting, Rich Lewis, and Sophomore Layla Voll.

Currents Book Published

by Anne Marshall

Richard Tappan and his Oyster River High School Writing Workshop class are planning to produce a monthly selection of the students work compiled in a magazine called Oyster River Currents.

Mr. Tappan said the first edition which combined student examples of various writing techniques and artwork, was a "motivational device". "There is nothing more encouraging to a student than to have people read and appreciate what they are doing," said Tappan.

The 36 page edition marks the first time a writing workshop class has produced such a magazine, said Mr. Tappan, who added, "There is plenty of good writing."

The selections range from a touching story about two brothers by junior Sam Meeker, to sophomore Ted Lavoie's Consumer piece called "Car-veat Emptor". Also included were sophomore Jennifer Beevkes' account of her "summer stage 83" involvement. And a poem entitled "A Gift" by sophomore Lisa Rockenmacher.

Others contributing to the edition were sophomores Carl Sobocinski, Joe Pokoski, Heidi Hendrickson, Steve West, juniors Michele Comtois, Jim Valenza, Scobie Puchler, Monica St. Jean, Diane Fitzpatrick, Jason Clark, Andy Grossi and Senior Peter Piper.

According to Mr. Tappan, "the only hesitation I have is the cost of both the labor and paper." Clerical aid Marie Rogers had to type, Zerox, Thermofox (make into a master by burnt impressions) and finally dittoed before the 100 copies were distributed to the class members, some teachers and in the library.

The process could be abbreviated with the purchase of a \$1,600 Electronic Stencil-maker which could also be use for the schools publications and newspaper productions said Mr. Tappan.

Senior Ellen Jensen lauded the magazine, saying, "It combined a lot of different styles and forms of writing from many different people. I wish that my writing workshop class had done something like that."



Alan Carkner and Jeff Kertzer (#14) battle against Exeter's goalie during the Dec. 10 game. (Gillespie Photo)

Advisory Committee Suggests No Action

by David Phillips

The Senior committee on the new advisory system has met with Oyster River High School Prin. Geoffrey Jones twice, discussing the pros, cons, and alternatives to the new system, but has taken no action.

Senior Class Pres. and member of the committee Mark Walker said that only three people came to the first meeting. He also said that only four people came to the second and last meeting two weeks ago.

Mr. Jones said that although some advisors are happy with the system, and some don't care what system is used, many advisors want more support from the school. The support would be in the form of teachers workshops which would give ideas for homeroom activities.

The members of the senior committee are ORHS Seniors Katrina Everngram, Laurie Hartford, Patricia Irwin, Meghan Michel, John Tegan, and Mark Walker.

Free time

(cont'd. from pg. 4)

Many students had complaints about the work load at ORHS. "One teacher gives us tons of homework, and not enough time, or explanation to do it," said one student.

"Teachers do not recognize the fact that many kids have to work. They feel you should get your work done, no excuses whatsoever," said Senior Maureen Fogarty.

When asked if they used their spare time well, 73 said that they did, and 21 felt that they didn't and needed help budgeting their time.

"Maybe there could be a class or something to show kids how to budget their time," said Senior Bobbi Shea.

"I think budgeting your time is an individual kind of thing; you can't be told what to do," said Senior Anne Burke.

Many students feel that budgeting their time, even if it means staying up late, is the way to accomplish everything in one day.

"It's our time. We should use it wisely," said Senior Carrie Temple.

Student reaction

continued from page 1

"We didn't deal with the issue of why spaces were assigned," said Tegan. "This idea was brought to the Student Council by the administration," he added.

At least 180 students have signed a petition begun by senior Crystal Eisenhard declaring discontent with assigned parking. "The Student Council is supposed

to represent the popular opinion of the student body. They didn't come to the people to tell us what they were doing. They could have held an assembly or something to tell us what was going on before they went ahead and did everything," said Eisenhard.

"There's nothing wrong with the petition process," said ORHS Prin. Geoffrey Jones. "I hope they present it to the Student Council," he added.

"I don't think it's a valid way of assessing how the people feel," said Tegan.

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30 Attend First Medieval Festival

by David Philips

About 30 people attended the first Oyster River High School Medieval Festival last Friday night, sponsored by the ORHS Ancient, Medieval and Early Modern History Class.

Besides food, there were musicians, story tellers, jugglers, magic acts and a couple of skits. The meal consisted of turkey, beef stew, oven-fresh bread, cold and mulled cider, pie, cake and scones.

The "Feast of the Ass" was overseen by the King, OR sophomore Brendan Ronan, and the Queen, OR junior Laura Graves.

Besides pseudo-medieval music from portable stereos, ORHS Senior Elise Bain played the flute, and Scotsman John Nolan played the guitar. Mr. Nolan also sang Scottish songs.

Seniors Eric Gleske, Eric Moore, and John Giles performed a number of juggling feats. OR senior Raymond Ejarque performed four magic tricks. ORHS history teacher Alex Herlihy, Kylie Mills, and OR teaching as-

sistant Joe Rainis told stories about St. Francis, a peasant marriage, and philosophy, respectively.

OR juniors Tom Flanagan and David Taylor played a couple of thieves mugging a knight played by junior Chris Hosmer. Also, OR sophomore Richard Wolfrum played a bishop who said grace over the meal, and was later executed by OR senior Chris Leitz.

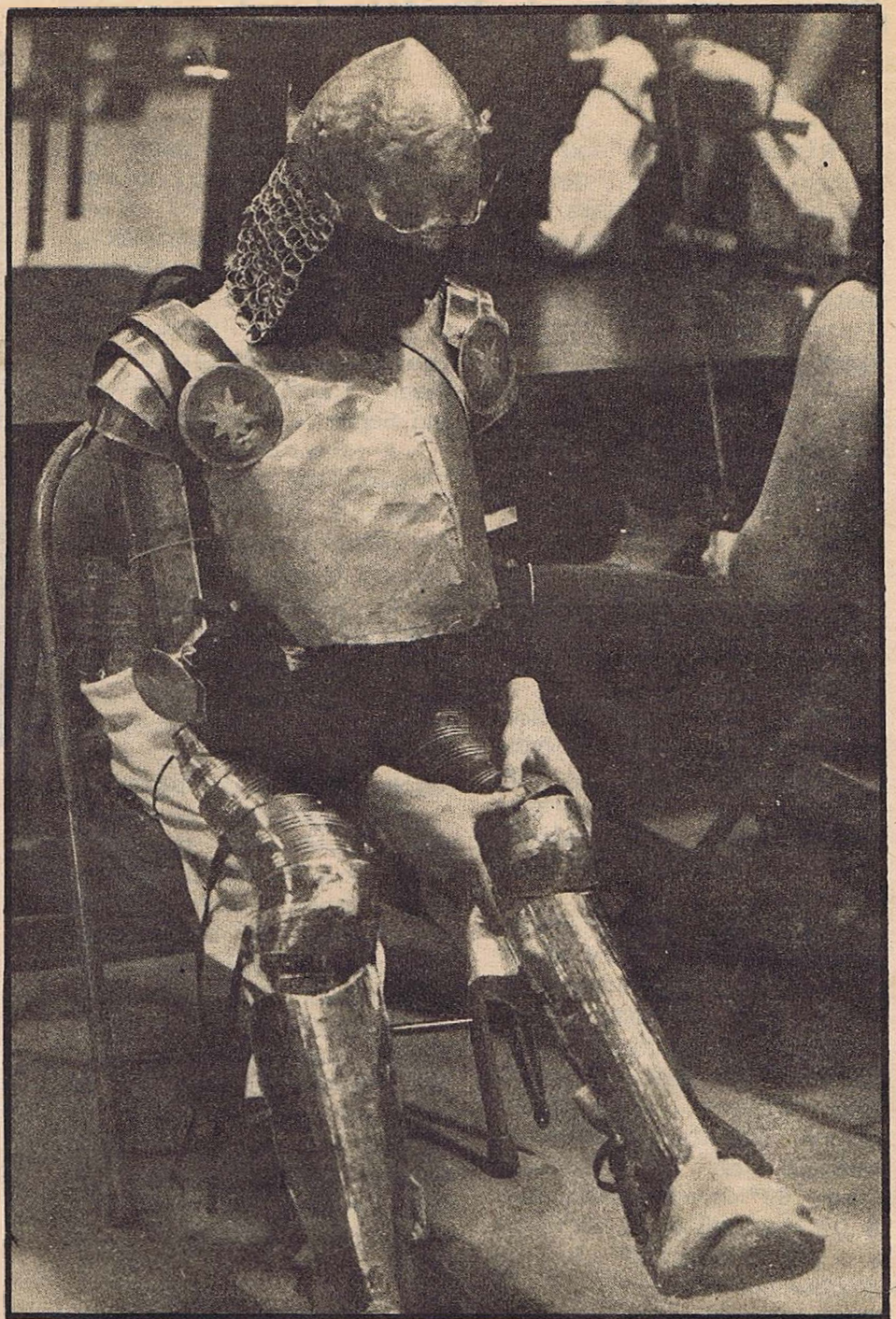
Assigned study

(cont'd. from pg. 1)

The structured studies would be moved among rooms available during those periods the students have free.

Because of space restrictions, Mr Jones has suggested that ninth graders and sophomores be assigned studies with only one "F", but juniors and seniors be permitted two. Mr Jones feels that ninth graders and sophomores are able "to be helped more in the long run."

Planning of the structured studies is happening now and the details will be concrete in the next couple of weeks, according to Mr Shapiro.



Junior Chris Hosmer adjusts his armor at the first Medieval Festival held Jan. 13 in the ORHS cafeteria. (Hagman Photo)

Cliff House for May Prom

by Sandy Dahl

This year's Oyster River High School Junior Prom will be held May 5, from seven p.m. to midnight at the Cliff House in Ogunquit, Maine, according to Prom Committee Chairperson Cathleen Porter.

Hors d'oeuvres will be served and the band "Spanky" will play the proposed theme song "Sailing", by Christopher Cross, Porter said.

As there was last year, an after prom breakfast will be served at the Tin Palace in Durham, courtesy of the Oyster River Educational Workshop and Mr. Jesse Gangwer.

Specialized committees have been working on such things as the music, set up, decorations, financing, catering, and the post-prom party.

Porter added that tickets are expected to go on sale early in March, at \$22 per couple.



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68 Chosen For Ruddigore Cast

by Jon Myslivy

Five separate performances, scheduled for the last weekend in March and the first week in April, have been planned for the Oyster River High School Drama Club's production of Gilbert & Sullivan's operetta "Ruddigore", said Junior Anne Ward.

The play "Ruddigore" directed by Mr. Richard Tappan, is about a hanged witch's curse on the Baronet of Ruddigore, dooming all following baronets to commit a crime a day, under penalty of dying. It tells of the struggle of Robin Oakapple and Rose Maybud's fight against the curse.

The male lead, Robin, is to be played by Junior Dan Wrightsman, and Rose, the female lead, is being played by Junior Leanne Findell. Other characters in the musical are: Adam, Robin's servant, to be played by Sophomore Scott Bogle; Despard, Robin's younger brother, is going to be played by Junior Alan

to be played by Senior Ethan Gilsdorf; Richard, Robin's Amman; Hannah, Rose's aunt, to be played by Junior Amanda Waterfield; Tommy Tucker, Robin's side kick is to be played by Senior Tommy Murdoch; three bridesmaids, played by Sophomore Joyce Anderson, and Juniors Demi Dubois, and Cathy Porter; and Mad Martia is to be portrayed by Senior Annie Marshall.

Besides the major roles, six choral groups, and a 58 member chorus finish the cast. Out of 48 people trying out for a part in the

play, 30 people received a "talking" part, said Chorus Director Steven Denson.

Along with songs and acting, the musical shows some intricate dance routines, to be choreographed by Mrs. Judy Roberts of the Mill Pond center, featuring Anne Ward, Meghan Michel, and Ellen Jensen.

Out of the five performances, four of those are to be performed for the general public, the other to be performed for senior citizens, said Ward.



Nicholas Nickleby (Senior Ethan Gilsdorf) befriends SMIKE (Margot Jenks) in ORHS Drama Club presentation "Nicholas Nickleby" which played Jan. 9 and 10.

Two Music Groups Sing on Sunday

by Yvonne Restani

Sunday night at 7:30, the Oyster River High School Music Department will sponsor a musical performance featuring the Princeton University Footnotes, the New Hampshire Notables, and the Oyster Crackers, according

57 Attend 'Cats' In Boston Jan. 14

by Eric Hagman

Fifty-seven Oyster River High School students and townspeople saw the musical "Cats" in Boston last Saturday, ORHS Music Dir. Cindy Plourde said.

The trip was sponsored by the Friends of Music, who reserved 57 seats in October. The \$23.50 seats have been sold out for weeks. Bus fare for the show was \$3.50.

Ms. Plourde, who saw "Cats" Saturday, said "The show was very good technically. The dancing was outstanding! The set was magnificent! The lighting was synchronized with the music. It was all amazing!"

"Cats" is based on T.S. Elliot's poetry entitled "Old Possum's Book of Practical Cats." The play came from England originally and was nominated for "most popular musical" in 1983, ORHS Senior Elise Bain said.

The Friends of Music is hoping to organize a trip to see the Boston Pops in the future.

to OR music coordinator Cindy Plourde.

The performance will feature former ORHS students who are involved in music at the college level. Brad Findell, a freshman at ORHS in 1977, will be singing with the Princeton Footnotes, followed by two former ORHS students, Yvonne Tuberty (class of 1981) and Louise Rogers (class of 1982) who will be singing with "The Notables". The program will consist of barbershop music, show tunes and songs from the fifties.

The Oyster Crackers will also be on the program. Members include seniors Ellen Jensen, Grace Dauphinais, Mara DiMambro, and Meghan Michel; juniors Leanne Findell, Teri Evans, Kristin Federer, and Maryanne Hogarty and sophomore Nicole Plourde.

The Footnotes and the Notables are both on tour and will be visiting schools in the area. Proceeds will go to them as well as the music department.

The second concert sponsored by the music department will be held Sunday Feb. 12. It will feature "The Company" which is a show choir with rock and jazz band back up. Their program will consist of show tunes

and popular music. Former ORHS students will be singing with the group.

Both concerts will be open to the public, and will cost \$3.00 for adults and \$2.00 for students. Albums will also be on sale for \$6.00.

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Bobcats Against Newmarket Tonight

by Bill Reeves

The Oyster River Boys' Varsity Basketball team, now 2-7, meets the Newmarket Mules with a record of 5-4 in the ORHS gym at 8 tonight.

Neither team will dominate the court in tonight's game, according to Coach David Nichols, and he predicts "a real close game."

Coach Nichols said the team will "try to control the tempo of the game in defense." Newmarket is a "faster team, but not a more skillful team." He plans to beat Newmarket with "our skill and intelligence" he said.

The Bobcats will play their own game, and try not to play Newmarket's game, Coach Nichols said.

The Bobcats defeated Exeter High School basketball team 45-42 Tuesday evening at 8 at ORHS.

Exeter lead by two points at the half. With 1:57 left in the game Exeter tied the score at 42 apiece.

Junior Scott MacHardy netted a free throw. Senior Fred Lauten sunk the winning two points with less than 30 seconds left.

Coach Nichols said the game was "the best defensive game all year." To win the Bobcats "used their minds as well as skill," according to Coach Nichols.

Lauten led the scoring with 15 points. Senior John

Tegan followed with 11 and senior Steve Knudsen had 10 points. Junior Scott MacHardy sank three baskets for six points, senior Harvey Turner had two points and junior Kevin Hegarty

finished with one point.

Monday in Kingston the Bobcats were defeated 43-36 by Sanborn High School.

Sanborn led 20 to 18 after the first half of play. Two Sanborn players, Larson with 14 and Carr with 12 points scored more than or's leader, MacHardy, who had 12 points.

Tegan and Lauten had seven points each. Knudsen followed with six and both Hegarty and junior Andy Pokoski had two points.

The team lost to Pelham last Friday 59-55.

OR led at the half by five points. The game was tied at 55 in the final minutes. The Bobcats missed two shots and Pelham took the ball and went down for two baskets.

Coach Nichols called the defense "outstanding," holding Pelham to only six baskets in the second quarter. In the end of the game Pelham sank of 10 foul shots which "hurts us," he said.

"Knudsen played an outstanding game," scoring 18 points, Coach Nichols stated. Lauten and Pokoski were subbed in during the end of the second and fourth periods to help out because they were fresh.

Tegan and MacHardy each scored 10 points. Ninth-grader Greg Tripp put four points on the board. Pokoski added six points to the total and Lauten scored three points.

The varsity's next game will be away Tuesday against Bishop Brady.

Bobcats Face St. Thomas

by Bill Colon

The Oyster River High School Boys Varsity Hockey team host the 8-0 Saints of St. Thomas tomorrow at Snively Arena, according to Coach Tim Quint.

The 3-6 Bobcats lost to Bishop Guertin—a "fast" and "physical" team—6-2 last Saturday night, according to Coach Tim Quint.

Although they were somewhat "banged around", OR held the game to 0-0 in the first period, Quint said.

OR Sophomores Jeff Kertzer and Tim Cavanaugh scored once each during second period action, but this was not enough to equal Bishop Guertins' four goals.

Oyster River had its opportunities, but "could not capitalize" on them, said Quint.

Bishop Guertin outshot OR and added two more goals in the third period action.

Girls' Basketball Plays St. Thomas

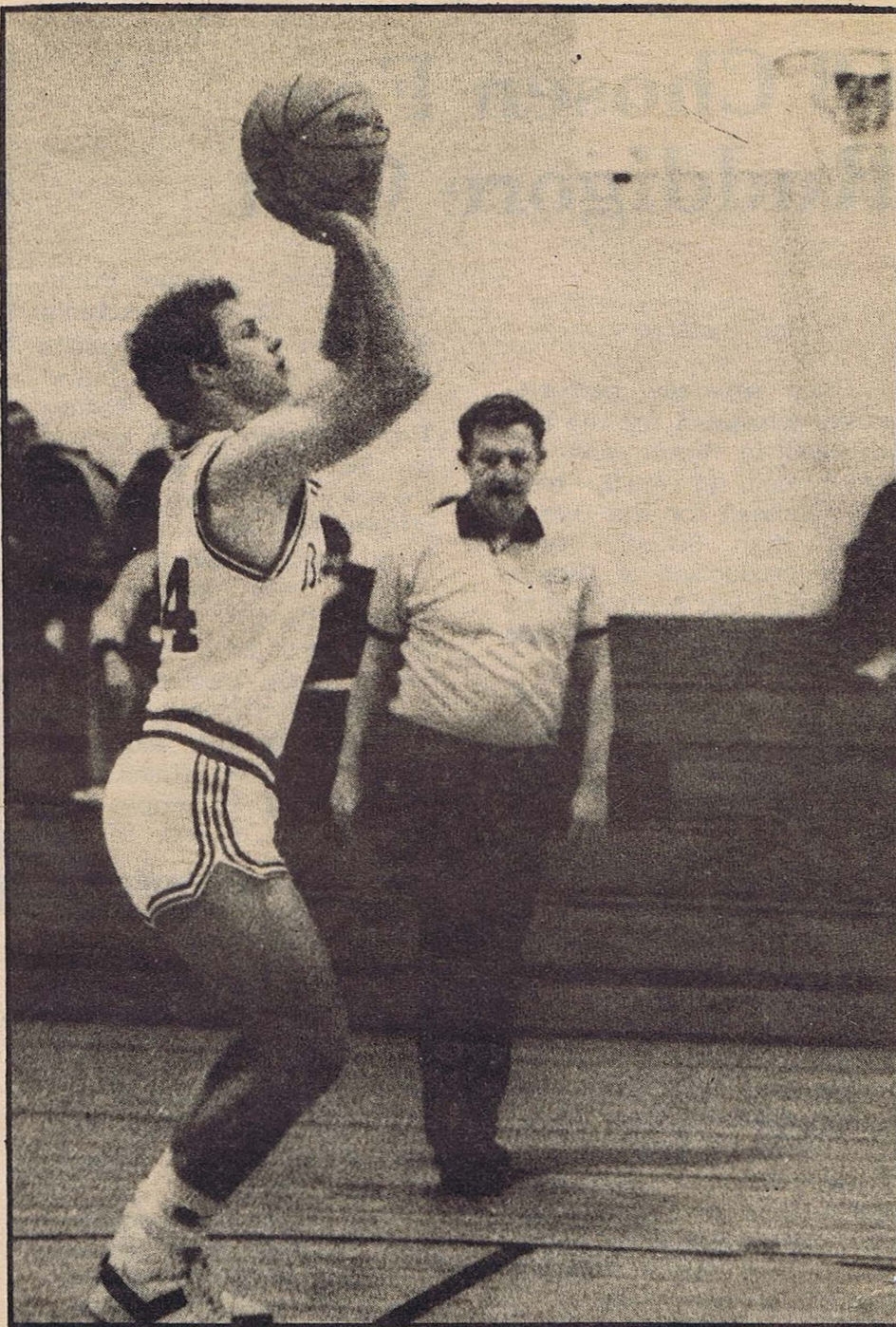
By Garth Swanson

The Oyster River High School Girls' Varsity Basketball Team took on St. Thomas last night in an away game.

Monday night, the girls upped their record to 4-4 with a 43-26 win over Sanborn.

A "miraculous" 21 points was scored by Senior forward Julie Sasner, said a team member. Sophomore

Krisanne Bothner also scored 11 points, with Sophomore Jo Michel, and Seniors Anne



Senior Fred Lauten at the free throw line against Pelham during last Friday's varsity loss. (Gillespie Photo)

OR Runners Prepare For State Meet Feb. 4

By Keith Weston

Two Oyster River High School athletes are gearing up for the state meet to be held February fourth, according to the ORHS Boys' Winter Track captain Mike Wellington.

The members going are

Mike Wellington and Sophomore Bill Lockhart. The events at the state meet will include the high jump, long jump, shot putt, 55m high hurdles, 55m dash, 300m run, 600m run, 1000m run, 3000m run, and the mile relay.

"Last year we had seven people going to the state meet and we were third, with only two people taking places," said Wellington. He thinks that with five people now on Boys' winter track, the team would be lucky to place in the top 50% of the teams in the state.

Other members of the team are Sophomores Bill Reeves, Pat Harrington, and ninth-grader Chris Cuniff. The coach of the team is Rich Hinkle.

The team works out regularly at the University of New Hampshire's Field House and practices are about one and one half hours long, according to Bill Reeves. "We work hard and we are pretty good, but there isn't enough depth on the team to cover all the events," said Reeves.

The team's next meet will be Saturday at UNH

Burke and Carrie Temple also helping in the win.

"Our defense was working well, but our offense was not as good," said Sasner of Monday's game.

The Girls Junior Varsity also won their game against Sanborn 51-48.

Ninth graders Daryl Arrighi and Kerry Casey were the leading scorers.

Both girls' teams will go up against third-ranked Merrimack Valley in a home game Monday at 6:00 p.m.

It will be a tough game because of their "tough guards", said Sasner.